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KR PRO OAT BRAN MUFFIN

From the #1 recommended foodservice bake mix brand, Krusteaz Professional Healthful oat bran muffin mix makes this muffin a popular favorite among customers following today's fitness trend. Muffins are fine-grained with a wholesome flavor and contain no cholesterol.

Shelf Life	Storage Temp Min	Storage Temp Max
365 days	32°F	90°F

Ingredients

Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, whole wheat flour, oat bran, palm and soybean oil, rolled oats, Less than 2% of: aluminum sulfate, artificial flavor, baking soda, defatted soy flour, extract of malted barley, molasses powder, mono- and diglycerides, monocalcium phosphate, propylene glycol monoester, salt, sodium aluminum phosphate, sodium stearoyl lactylate, spices.



Preparation and Cooking

FULL BATCH

5 lb (full box) Mix
40 oz (5 cups) Water

HALF BATCH

2 1/2 lb (8 1/4 cups) Mix
20 oz (2 1/2 cups) Water

DIRECTIONS

1. Place water in mixer bowl; add mix. Using a paddle, mix on low speed 30 seconds.
2. Scrape bowl and paddle. Continue to mix on low speed 30 seconds.
3. Scale batter into greased or paper-lined pans.

HAND MIXING: Using a large bowl, stir together water and mix until well-blended. Scale batter into greased or paper-lined pans.

Do not eat raw batter.

HIGH ALTITUDE: For full batch, add 4 1/2 oz (1 cup) all-purpose flour and an additional 4 oz (1/2 cup) water. Prepare and bake as directed.

BAKING DIRECTIONS: Convection Oven: 350F; Standard Oven: 400F

Standard Muffin Pans:

2 oz batter (#20 scoop)
12-14 minutes (Convection)
14-16 minutes (Standard Oven)
Yields 4 1/2 dozen (2 oz muffins)

Jumbo Muffin Pans:

4 oz batter (#8 scoop)
15-20 minutes (Convection)
20-25 minutes (Standard)

View our full recipes library at <https://www.krusteazpro.com/recipes>

Allergens



Nutrition Facts

162 servings per Container

Serving Size

2/3 cup mix

Amount per serving

Calories

340

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 4g **18%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 550mg **24%**

Total Carbohydrate 63g **23%**

Dietary Fiber 0g **0%**

Total Sugars 25g

Includes 24g Added Sugars **48%**

Protein 5g

Vitamin D 0mcg **0%**

Calcium 50mg **4%**

Iron 3mg **15%**

Potassium 130mg **2%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.