



GTIN: 10041449403103

ITEM#: 721-0970

KR PRO Gluten Free Buttermilk Pancake Mix 8 - 16 oz Boxes

Create mouthwatering gluten free buttermilk pancakes with Krusteaz Gluten Free Light and Fluffy Buttermilk Pancake Mix. This buttermilk pancake mix is a carefully crafted version of our classic pancake and waffle mix with that perfect touch of buttermilk, without any gluten! Just add cold water, milk, and eggs then whisk pancake batter and pour onto a lightly greased griddle. In no time, you'll be enjoying a stack of delectable, gluten free golden-brown buttermilk pancakes. Our versatile gluten free pancake mix opens up a world of culinary possibilities. Have Krusteaz light and fluffy pancakes for breakfast and brunch or go beyond the morning and whip up mini pancakes as a gluten free afternoon snack. Butter and syrup is a great go-to addition but try dialing

Shelf Life

Storage Temp Min

Storage Temp Max

365 days

45°F

90°F

Ingredients

Rice Flour, Whole Grain Sorghum Flour, Sugar, Brown Rice Flour (Rice Flour, Stabilized Rice Bran with Germ), Soybean Oil, Dextrose, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Food Starch-Modified, Salt, Tapioca Starch, Xanthan Gum, Buttermilk, Natural Flavor.



Preparation and Cooking

INGREDIENTS (4-inch Pancakes)

13-14 Pancakes:
1 3/4 Cups Mix
1 Cup Cold Water
1/3 Cup Milk
1 Egg(s)
26-28 Pancakes:
Full Box Mix
2 Cups Cold Water
2/3 Cup Milk
2 Egg(s)

DIRECTIONS

1. HEAT pancake griddle to 375F (medium heat). Lightly grease griddle.
2. MEASURE mix by lightly spooning it into measuring cup and leveling it off. WHISK pancake mix, water, milk and egg(s) until blended. Batter will be slightly lumpy. Do not over-mix. POUR slightly less than 1/4 cup batter per pancake onto griddle.
3. COOK 1 minute per side. For light and fluffy pancakes, FLIP only once, when tops bubble and bottoms are golden brown.
Do not eat raw batter.
High Altitude: No adjustment necessary.

Nutrition Facts

88 servings per Container

Serving Size

1/3 cup mix (41g)

Amount per serving

Calories**150**

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 410mg 18%

Total Carbohydrate 31g 11%

Dietary Fiber 1g 3%

Total Sugars 8g

Includes 7g Added Sugars 14%

Protein 2g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0mg 2%

Potassium 60mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

View our full recipes library at <https://www.krusteazpro.com/recipes>

Allergens



EGGS



MILK



PEANUTS



SOY



TREE NUTS



WHEAT