

# Krusteaz Professional All Purpose Low Fat Muffin Mix

From the #1 recommended foodservice bake mix brand, our Krusteaz Professional All Purpose Low Fat Muffin has great flavor and texture. Guests wont notice the lower fat content.



Shelf Life Storage Temp Min Storage Temp Max

546 days 32°F 90°F

### **Ingredients**

Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron,

riboflavin, folic acid), sugar, food starch-modified, whey (milk protein), Less than 2% of: baking soda, beta carotene (color), dextrose, egg whites, egg yolks, mono- and diglycerides, monocalcium

phosphate, natural and artificial flavors, propylene glycol monoester, salt, sodium acid prophosphate, sodium aluminum phosphate, sodium stearoyl lactylate, wheat protein isolate.





## **Preparation and Cooking**

**FULL BATCH** 4 1/2 lb (full box) Mix 52 oz (6 1/2 cups) Water

#### HALF BATCH

- 2 1/4 lb (8 cups) Mix
- 26 oz (3 1/4 cups) Water
- 1. Place water in mixer bowl; add mix. Using a paddle, mix on low speed for 30
- 2. Scrape bowl and paddle. Continue to mix on low speed 30 seconds.
- 3. Scale batter into greased or paper-lined pans.

HAND MIXING: Using a large bowl, stir together water and mix until well-blended. Scale batter into greased or paper-lined pans.

Do not eat raw batter.

HIGH ALTITUDE: For full batch, add 2 oz (1/2 cup) all-purpose flour and an additional 2 oz (1/4 cup) water. Prepare and bake as directed, increasing oven temperature by 50F.

#### **BAKING DIRECTIONS**

Standard Muffin Pans: Preheat oven (350F for a convection oven; 400F for a standard oven). Pour 2 1/4 oz (#20 Scoop) into each greased or paper-lined tin. For a convection oven, bake for 12-14 minutes. For a standard oven, bake for 16-18

Jumbo Muffin Pans: Preheat oven (350F for a convection oven; 400F for a standard oven). Pour 4 1/4 oz (#8 Scoop) into each greased or paper-lined tin. For a convection oven, bake for 14-19 minutes. For a standard oven, bake for 20-24 minutes.

## View our full recipes library at https://www.krusteazpro.com/recipes

## Allergens













# **Nutrition Facts**

28 servings per Container

Serving Size 1/2 cup mix

Amount per serving

## 

Potassium 80mg

220

0%

Calories	200
	% Daily Value*
Total Fat 3g	3%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 440mg	19%
Total Carbohydrate 60g	22%
Dietary Fiber 1g	2%
Total Sugars 31g	_
Includes 29g Added Sugars	58%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.