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ITEM#: 731-5634

## SHEPHERD'S GRAIN KRUSTEAZ PROFESSIONAL BUTTERMILK PANCAKE MIX

This traditional favorite makes pancakes that are slightly sweet with a light, fine-grained texture. Shepherds Grain Baking Mixes are made with flour that has been farmed using sustainable methods.



Shelf Life	Storage Temp Min	Storage Temp Max
548 days	32°F	95°F

### Ingredients

Enriched unbleached flour (wheat flour\*, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), degermed yellow corn flour, sugar, soybean oil, buttermilk, dextrose, salt, whey, Less than 2% of: baking soda, beta-carotene (color), calcium acid pyrophosphate, egg yolks, monocalcium phosphate, natural flavor.

### Preparation and Cooking

#### FULL BATCH

5 lb (full box) Mix  
84 oz (10 1/2 cups)  
Cool Water

STEP 1. Blend mix and water together using a wire whisk until well-blended.

STEP 2. Pour batter onto greased, preheated 365F-375F griddle.

STEP 3. Cook pancakes 1-1 1/4 minutes per side. Turn only once.

MACHINE MIXING: Place water in mixer bowl; add mix. Using a wire whip, mix on low speed 30 seconds. Scrape bowl. Change to medium speed, mix 30 seconds.

Follow steps 2-3 above.

BELGIAN WAFFLE RECIPE: Blend 5 lb of mix with 80 oz (10 cups) cool water, 16 oz (2 cups) vegetable oil and 20 oz (10) eggs. Pour batter onto preheated and greased waffle iron. Cook waffles until steaming stops, about 3 to 5 minutes or until crisp and golden brown.

#### HALF BATCH

2 1/2 lb (9 3/4 cups) Mix  
42 oz (5 1/4 cups)  
Cool Water

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### Allergens



EGGS



MILK



PEANUTS



SOY



TREE NUTS



WHEAT\*

## Nutrition Facts

**37 servings per Container****Serving Size****1/2 cup drymix****Amount per serving****Calories****220**

% Daily Value\*

**Total Fat 0g** **0%****Saturated Fat 0g** **0%****Trans Fat 0g****Cholesterol 10mg** **3%****Sodium 770mg** **33%****Total Carbohydrate 44g** **16%****Dietary Fiber 1g** **4%****Total Sugars 10g****Includes 7g Added Sugars** **14%****Protein 5g****Vitamin D 0mcg** **0%****Calcium 260mg** **20%****Iron 2mg** **15%****Potassium 100mg** **2%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.