

KRETSCHMER HONEY CRUNCH WHEAT GERM

A concentrated source of several essential nutrients, Kretschmer Honey Crunch Wheat Germ brings a delicate sweet note and extra crunch to oatmeal, yogurt, soups and salads. At dinnertime use it to jazz up baked chicken or fish.

3 grams Protein, a good source of Vitamin E, a good source of Vitamin A, a good source of Folate

Shelf Life	Storage Temp Min	Storage Temp Max
546 days	32°F	95°F

Ingredients

Wheat germ, sugar syrup, corn syrup, molasses, honey, vitamin E acetate (d-l-alpha-tocopherol acetate), vitamin A palmitate, folic acid.



Preparation and Cooking

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Nutrition Facts

21 servings per Container

Serving Size

2 Tbsp

Amount per serving

Calories

60

% Daily Value*

Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 10g	4%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	4%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Allergens

